



29 January 2012

4th Sunday of Ordinary Time

Vol 78 No 3

1st Reading: Deut 18, 15-20

2nd Reading: 1 Cor 7, 32-35

Gospel: Mk 1, 21-28

The Parish Priest Writes . . . New Year 2012 – “Real Hope”

We all long to live a *meaningful life* that is filled with peace, joy and happiness with our family, relatives, friends, colleagues, parishioners and the like. However, while many of us are already experiencing this in our daily living, there are still many who do not and may begin to think that such longings as “real hope” do not exist and are merely wishful thinking or “*empty hopes*.”

Jesus has constantly been assuring us, “Come to me all you who labour and are overburdened, and *I will give you rest*. Shoulder my yoke and *learn from me*, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.” (Mt 11:28-30). Is there anyone else that we know in this world who can give us such “real hope”?

If we wish to live in this “real hope,” we must *get to know Jesus in a personal way* so that we can “learn from Him.” To begin this journey of developing a relationship with Jesus, we must first recognise that *Jesus is “reachable”* at any time (easier than sending “sms”). He is within my heart *loving me personally*. Do I and can I believe this?

If yes, as in all relationships, we need to *spend quality time* with the person we love and with whom we want to deepen our relationship. So, begin to “speak, confide, draw strength from Jesus . . . thank Him . . . in all situations of your life - “*personalise” your daily experience with Jesus*. Yes, it is equally important to listen, lean on Jesus, wait patiently and allow Him the space and time also to respond in His Wisdom . . . This is what “*real hope*” is about . . . you will never be disappointed by Jesus.

Fr Philip Heng, S.J.

Sunday Reflection by Fr. Gerry Keane, SJ

“It’s only words
and words are all I have,
to take your heart away”

So lamented the Bee Gees at having nothing but words to impress their listeners. Had they forgotten that all through history, to this very day, hearts have been stolen, if also broken, by mere words. Despite sophisticated visual arts and a variety of means of communication words still possess a power of self-giving without equal. Small wonder Christ named himself the WORD in showing us the FATHER.

Words have endless possibilities for good. They can teach, convince, console, change, encourage, heal, uplift, give life, etc. As long as I have a voice my opportunities for influence are endless. The mysterious power of words has haunted me from earliest days and still does. The first that baffled me as a boy was “how did a man seated on the side of a hill, without aid electric, or otherwise, with unaided voice reach thousands of listeners, with an effectiveness that swelled their numbers at an alarming rate?” I still don’t know the answer. But I do know that words possess a mysterious power for health no less than harm. The apt and God - revealing word is mine to give if it comes from an imagination and heart in love with Christ’s saying and concern for the other.



Parish Priest	:	Fr. Philip Heng, SJ (ext. 12)
Assistant Parish Priest	:	Fr. James Tan, SJ (ext. 18)
Administrator	:	Mr. Okkie Tanupradja (ext. 10/15)*
Assistant Parish Administrator	:	Ms. Angela Kurnadi (ext. 14)
Youth Coordinator	:	Mr. John Lum (ext. 19)
Asst Dir, Ignatian Spirituality Prog	:	Mr. Anthony Siow (ext. 17)

* Mon – Fri 9:00AM-6:00PM • Sat 9:00AM-1PM



Parish News

WEEKEND CATECHISM

- Classes begin on *Sat 4 and Sun 5 Feb 2012*. *Book Sale will be on Sat 11 and Sun 12 Feb 2012*. Registration 2012 - please visit our Parish Website- Weekend Catechism webpage for information/registration process. Registrations henceforth will be waitlisted pending space availability. Enquiries: stignatius.wecat@gmail.com.
- Sec 3 Confirmation Registration & Meeting (compulsory) - Parents and youth in Sec 3- 2012 are required to register on Monday 30 Jan (8pm-9.30pm) in *La Storta room*. (*note change in venue*)

LEADING LITTLE ONES TO GOD (a faith formation programme for children 5 - 6 years old)

Class starts on Sunday 12 February 2012, 10.00 - 11.00am in #02 - 04 (above Sacred Heart Hall). Enquiries: contact Vanessa, email: leading_little_ones_to_god@yahoo.com.sg
Volunteers/Teachers needed urgently: Come and join our team in sharing our faith with the little ones. Enquiries: contact Susan (97696118)

BIBLICAL APOSTOLATE TEAM

The Tuesday Morning Women's Bible Study invites all women of the parish to join in the study of "The Bible Timeline: The Story of Salvation". The adventure begins on Tuesday 31 Jan, from 10am - 12nn in the St. Ignatius Annexe Hall as we delve deeper into the Bible and prepare for a lifetime journey of discovering God in the Scriptures. Information and registration, contact Nora Creech at nora.creech@yahoo.com; phone: 9855 2824 or Theresa Choy at youngtheresa@yahoo.com.sg; phone: 9665 4451

CHARISMATIC PRAYER & RENEWAL MEET

"Jesus went around to all the towns and villages, teaching in their synagogues, proclaiming the gospel of the kingdom, and curing every disease and illness." Matt. 9:35. Come and join us this Wed. 1st Feb to hear testimony followed by healing service lead by Rose Boon.

PRESENTATION OF OUR LORD

Thursday 2 February 7.00am & 6.00pm.

Please bring your candles for blessing and place them on the table near the sanctuary. Please remember to collect them immediately after the Mass.

INFANT BAPTISM will be on *Sunday 12 Feb at 4.00 pm*

All parents and godparents are expected to attend the *briefing on Sunday 5 & 12 Feb, 4.00 pm* at La Storta Room. Registration forms at church office or website. Please choose a *Saint's name* for your child's baptism. For inquiries, contact Gerard (M 9673-9970 H 6463-6443) & GERALYN VINCENT or Gordon (9615-3447) & Alison Pinto (9691-3447).

What's Coming Up?

FIRST FRIDAY – 2nd FEBRUARY, 8.00 pm



Sacred Heart of Jesus MASS

Please note that there will be **NO 6.00 pm Mass** on that day.

Please bring along your family & friends to renew your consecration to the Heart of Jesus.

"Memorial of St. Blaise for blessing of throat, 7.00 am and 8.00 pm Mass"

NEW ALPHA COURSE

If you could ask God one question, what would you ask? Come for Alpha Course to explore a deeper meaning to life and more, in an easy-going, enjoyable and supportive environment among friends. The Alpha Course provides an ideal opportunity for anyone who wishes to discover the joy of knowing and deepening their relationship with Jesus Christ. Sessions are held every Thursday from Feb 9th until May 10th, 7.15pm-9.45pm, at the Sacred Heart Hall, starting with dinner and fellowship.

To register, email: alpha_ignatius@yahoo.com

THE IRCC (Inter-Racial & Religious Confidence Circle)

will be organising an Inter-Faith Dialogue on

Date: 16 Feb 2012 (Thursday)

Venue: Lutheran Church of Our Redeemer

Time: 7.30pm (Buffet Dinner is provided)

Topic: Weddings & Religion

St Ignatius church can nominate 20pax to the dialogue. Members are also encourage to bring families and friends along.

Each participant will be provided with a goodie bag after the event. Please register to Angela, tel: 6466-0625 ext. 14 or

email: ppc@stignatius.org.sg by 2 February 2012.

RIP News – Risen in the Lord

John Chow Kuo Chung - 87 years old

Death: 22 January 2012

Funeral Mass : 26 January 2012



Something Ignatian to share....

Living a more Discerning Life (28) – Hope: “God is Always there for me”



Ad Maiorem
Dei Gloriam
For God's Greater Glory

As we begin *a new year*, it is good that we begin with hope; *real hope*; hope that lasts and does not elude us when we need it most. This “real hope” can only be found in *our relationship with God* - God is *always faithful* and *His love* for us is *always unconditional*.

On our part, we are called to *value and treasure* our relationship with God; that's the beginning of experiencing the “*real hope*.” For this, we need to *bring to consciousness* at different times of each day when we are *facing challenges* or when we are touched by some *happy situations* that fill our lives with deeper meanings e.g. renewing of unity in family, receiving forgiveness, reaching out in compassion to someone etc. Thank God for such moments.

Exercise:

Begin by spending some moments *composing* and *calming yourself* as you prepare to enter into this contemplative prayer. First, look for a quiet *sacred space* of your home (or wherever you are - office, church, garden). Then, sit upright and *close your eyes* . . . focus your attention on your nostrils and become conscious of the *precious gift of air* that you are breathing in . . . relish *God's gift of life* in each breath you take in . . . Sense the presence of the *Holy Spirit within you* . . . *loving you* and *caring for you*.

Become more conscious of what you are *feelings within you* . . . e.g. anxiety, anger, peace, joy . . . be in touched with those feelings (pause) . . . ask yourself, “Where are these feelings coming from? . . . try to “accept” the inner feelings a being part of you and who you are . . . “befriend” instead of fighting with these feelings. (pause) Try to sense the *presence of Jesus within* these inner feelings . . . e.g. within the anxieties, anger, peace, joy . . . Jesus is also present there *with you* and *for you* . . . Feel *His compassionate love* embracing and loving you so very personally and intimately - His assurances . . . His peace . . .(pause).

Speak to Jesus from your heart . . . and listen to what He is trying to say to you . . .

End your contemplation by praying the “*Our Father*” that God's Will be done today and in the coming days . . .



St Ignatius of Loyola

Some thoughts to Ponder on . . .

Theme: Hope to begin a New Year

Quotations

“Ours is the better choice, to meet death at men's hands, yet relying on God's promise that we shall be raised up by Him.”
(2 Maccabees 7:14)



No man is able of himself to grasp the supreme good of eternal life; he needs divine help. Hence there is here a two-fold object, the eternal life we hope for, and the divine help we hope by.

(St Thomas Aquinas)

I am really scared. How long can we restrain the people? I have just got to believe that God is around. That is the only hope. I'm human. And I hold on, and often only by the skin of my teeth, to believe that God is in charge of His world.

(Archbishop Desmond Tutu)

To be a sinner is our distress, but to know it is our hope
(Archbishop Fulton Sheen)



Prayers & Devotions

WEEKLY:

Intercessory Prayers

Tuesdays, 2.30 pm at
Prayer Room (Sacred Heart Hall)

Gentle Light

Tuesdays, 10 am – 12 noon at
St Francis Xavier Chapel (Kingsmead Hall)
Thursdays, 10 am – 12 noon at
Sacred Heart Canteen (Room SH-A)

Charismatic Renewal & Prayer Group Meetings

Wednesdays, 8 pm at St Ignatius Hall

Christian Meditation

Fridays, 2.30 pm at St Francis Xavier
Chapel (Kingsmead Hall)

Rosary in Church (Monday to Friday)

After 7am Mass
5.25 pm - 5.45 pm before 6 pm Mass

Divine Mercy Devotion

Every Fridays, 6.30pm in Church after
the 6pm Mass (except 1st Friday Mass)

MONTHLY:

Sacred Heart of Jesus Mass

Every FIRST Friday, 8pm (NO 6pm Mass)

Sunday Masses	Sat : 6pm Sun: 6.45am, 8.15am, 10.15am, 12noon & 6pm
Weekday Masses	Mon - Fri: 7am & 6pm; Sat: 7am
Confessions	Every Friday and Saturday at 5.40pm Every Sunday Mass - 20mins before Mass begin
Infant Baptisms	On the 2 nd Sunday of each month at 4pm. Registration forms from the Church office
Weddings	Couples must make yourselves known to the priest 6 months ahead before booking the church
Church Office	At the Attic, 3 rd floor (at the back of the church building)
Entrance via, 8 Victoria Park Road	Kingsmead Hall (Priests' Residence), St Ignatius Hall, Sacred Heart Hall, Jesuit Novitiate, Centre for Ignatian Spirituality & Counselling
Columbarium Opening Hours	Monday to Sunday: 7 am – 7 pm; Public Holiday: Closed
Inigo Bookstore King's Rd Entrance	Monday to Thurs: 9.00am to 1.30pm Friday: 1:00 – 5:00pm Sat: 9:00am-12 noon; 4pm-6pm Sun: 8:30am-1:30pm; 5.30-6pm; 7-7:20pm



GROWING IN GOD'S LOVE AND WAYS...



The logo in the shape of a **Fish** as a symbol of **Christ**. It is swimming upwards and at its centre is a **Cross**. These symbolise the **Christ-centered dynamic growth** of the Parish Community in **God's love and ways**.

The stylized fish logo has a big 'S' for an upper body ending with the tail; the cross at the centre of the fish forms the 'I' and the letter 'I' on the far right of the fish stands for "Ignatius". Thus, the fish designed with the letters "St I" are the initials for "St Ignatius".

Our Parish community's **Christ-centered focus** is lived out through integrating the **Ignatian charism** of "finding God in myself, others and all situations for God's Greater Glory; as embodied in our Parish Goal.

Further Reflection on Logo: The Cross has four shades of colours: the bottom two colours **red** (left) and **blue** (right), could symbolise Christ's shedding of **blood and water** respectively.

These **four colours** could also symbolise how Ignatian Spirituality is the living out of the **Four Gospels**.

PARISH GOAL

"Finding God in Myself, Others and All Situations for God's Greater Glory"

Living the Goal through Ignatian Spirituality – 3 Dimensions:

1. Spiritual – Personal and Vocational:

Developing a Personal Relationship with the Lord through a meaningful Prayer Life and growing in the holiness of one's vocation.

2. Communitarian (7 "larger families"):

Building Christ-centred communities through parish activities, outreach to Christian friends and those of other beliefs, and especially in Eucharistic celebrations.

3. Social Mission:

Committing ourselves to the justice and care of the poor and needy of our society, and the world around us.

Archdiocesan News

WORKSHOP specially for parents, catechists, youth coordinators

Sat 11 Feb (11.00am - 5.00pm) to Sun 12 Feb (1.30 - 5.00pm) at Church of the Holy Spirit. Fr Antoine Thomas, an engaging and inspiring speaker at many International Youth events and Eucharistic Congresses will cover these topics 'Gift of the Eucharist, Adoration brings Transformation, How to Lead Children's Holy Hour.'
Registration Fee: \$10. Register on line by 1 February 2012: www.adorejesus.com
Contact: Sr Angeline Lim (E: childrenuecharisticadora@gmail.com) *Please note: If you cannot make it for both days, you can attend either Sat or Sun, but do inform Sr Angeline Lim @93625408

Jesuit News

LANDSCAPES of PRAYER, a 2-day live-in semi-directed retreat.

Visit some familiar natural landscapes and discover what they might have to teach us about our relationship with God (based on the same title book by Lion Hudson, 2011)

Dates: Friday 24 Feb (7.00pm) to Sunday 26 Feb (5.00pm)

Venue: Kingmeads Hall

Closing date: 14 Feb 2012

Contribution: \$270 (non-aircon); \$320 (aircon).

To register contact tel: 6467-6072 or email cisc.igevents@gmail.com

Jesuit Community at Kingsmead Hall Tel: 6466 3225

Fr Christopher Soh, SJ, Fr Gerard Keane, SJ, Fr Gerald Tseng, SJ, Fr Leslie Raj, SJ, Sch Jerome Leon, SJ

Fr Paul Goh, SJ Tel: 6464 9866

Jesuit Refugee Service Tel: 6463 6022

Loyola Novitiate/Fr Ravi Michael, SJ Tel: 97119710

Fr Anthony Ponnudurai, SJ Tel: 6464 9652

Ignatian Spirituality Centre Tel: 6467 6072

Fr Colin Tan, SJ Tel: 6469 7356